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Summer 2018

GLADSTOANE MEDICAL CENTRE

Doctors and Staff at the Gladstone Medical Centre welcome all new and existing patients. This year we have introduced various new services in conjunction with Wirral CCG. We also have joined with other forward looking practices in the Wirral to form federation –GPW–fed. In collaboration with the federation, we will offer new and improved services for our patients. For example, Tele ECG. We are also in planning to implement Tele– Dermatology Services for our patients.

Thank you once again for all patients who have provided us feedback. This has helped in improving service. Please continue to provide feedback through our NHS Friends and Family questionnaires.

Opening Times

We are open **Monday—Friday from 8 am—6:30 pm.** We offer extended clinics on Mondays (6:30-8:00 pm) and Wednesday (from 6:30– 7:30 pm) to accommodate patients who are working or find it difficult to attend surgery during normal surgery times.



Wirral Extended Access Service

As part of a Department of Health directive in relation to Primary Care, Wirral CCG now provide an extended GP access scheme to all Wirral patients to help facilitate extended access. This service has been provided across a number of locations on the Wirral. The evening opening times are **Monday– Friday 6.30pm-8.00pm**. **Appointments are also available on the weekends.**

To book an appointment at a location and time suitable for you please contact the receptionist at 0151 645 2306.

Do You Need to See a nurse?

Our nurses deal with a range of conditions including:

Asthma	Blood Pressure	Blocked ears and wax
Dressings	Health Checks	Cardiovascular reviews
Travel Advice	Vaccinations	Weight Management



Stay Well This Summer

Most of us welcome hot weather, but when it's too hot for too long there are health risks.

The main risks posed by a heatwave are: Dehydration (not having enough water),

Overheating. These risks can make symptoms worse for people who already have problems with their heart or breathing and heat exhaustion and heatstroke

Who is most at risk?

A heatwave can affect anyone, but the most vulnerable people are: Older people, especially those over 75, babies and young children, people with a serious chronic condition. For further information please contact the surgery or visit NHS Choice website.



Call 111– Non Emergency Number

111 is the NHS non emergency number– it is fast, easy and free. Call 111 and speak to a highly trained advisor supported by healthcare professionals. For immediate, life threatening emergencies call 999.



Feel free to visit our website at www.gladstonemed.co.uk

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Our Staff

Dr. M. Salahuddin (Male)
 Dr. A. Adegoke (Male)
 Dr. K. Alauddin (Female)
 Dr S Mehboob (Female)
 Dr. M. Paracha (male)
 Dr Elen Hughes (jnr doc)

PRACTICE STAFF

Practice Manager
 Helen Davies

Business Manager
 Muhammad Ahmed
IT/ Data Manager
 Zubair Qureshi

Asst. Pract Manager
 Dhun Setna

Snr. Receptionist
 Cathy Pennington

Receptionists
 Kristen Corkish
 Chelsea Stenhouse
 Natalie McWha

Secretary
 Sue Steen

Practice Nurses
 Wendy Cox

Health Care Assistant
 Jane Lydiate

Practice Pharmacist
 Kaye Edwards

Gladstone

**Caring,
 Approachable,
 Efficient
 and Friendly**

Medical Centre

Surgery News

New Starters: Welcome to our new members of staff. Kristen Corkish, Chelsea Stenhouse and Natalie McWha as receptionist and Dr Elen Hughes as a Jr. Doctor.

Dr M. Paracha has joined as a locum Doctor from June 2018, with a view to becoming permanent.

Leavers—Leanne Morris Mrs Carol Morgan and Alisha Owens . We wish them good luck for their new job.

Patient Participation Group We aim to gather the views of patients from as broad a spectrum as possible. We need the views of young, working, retirees, people with long term conditions and people from all ethnic groups. If you wish to join the group, please complete the Patient Group Sign-up Form which is available from the reception. . You can also email to the surgery at WICCG.Gatekeeper-n85031@nhs.net with the subject as "Getting Involved"

Surgery Opening Times

Phone Access

(Mon to Fri): 08:00-18:30

Reception Access

(Mon to Fri): 08:30-18:30

GP Appointment Times

Days	Mornings	Evening	Late Evenings
Monday	9:00– 12:00	4:00 – 6:30	6:30 – 8:00
Tuesday	9:00- 12:00	4:00 – 6:30	
Wednesday	9:00- 12:00	4:00 – 6:30	6:30 – 7:30
Thursday	9:00- 12:00	4:00 – 6:30	
Friday	9:00- 12:00	4:00 – 6:30	

Doctors Rota

Weekdays	AM	PM	Late Evening
Mondays	Dr Mehboob, Dr Adegoke, Dr. Alauddin	Dr Mehboob Dr Adegoke,	Dr Adegoke
Tuesdays	Dr Adegoke Dr. Alauddin,	Dr Salahuddin,	
Wednesdays	Dr Mehboob Dr Salahuddin	Dr Mehboob Dr Salahuddin	Dr Salahuddin
Thursdays	Dr Mehboob, Dr. Alauddin	Dr Adegoke, Dr Mehboob	
Fridays	Dr. Alauddin, Dr Mehboob,	Dr Mehboob,	

We use locum doctors on an ad hoc basis to provide extra clinical sessions.

We have a limited number of same day emergency appointments, **please ring the reception early in the morning if you need one.**

Contact us

We welcome any comments and feedback from our patients. Please contact **Helen Davies** - Practice Manager (0151) 645 2306 / 645 3738

www.gladstonemed.co.uk

Patient Participation Group

We have a very active patient involvement group. Members are:

*T Delaney (PPG Chair) M. Sleeth
D Stirrup, M Hancock, and D Liston.*

If you would like to join our virtual group please forward your details to Helen Davies.

helendavies3@nhs.net

Other News

New Patient Registration

We are open for new patients. You can register online or by attending the surgery.

NHS Health Check

We are contacting patients aged 40-74 based on a eligibility criteria to provide free NHS Health Check reviews. Please ring reception for more details.

Federation Services

Tele-ECG

Gladstone MC in collaboration with GPW-Fed has signed up to provide Tele-ECG service to our patients. It is an immediate service which enables GPs to make immediate & better informed diagnosis for the patients and triage/management decisions. It is convenient for the patients to provide immediate management plan.

Tele-Dermatology

We are planning to implement Tele-Dermatology service in collaboration with the Federation.

Our Website

www.gladstonemed.co.uk

Request your prescriptions, book your appointments and submit your comments and suggestions online.

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Medical Centre