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Zubair Qureshi
Muhammad Ahmed
Helen Davies
Dr. M. Salahuddin

Merry Christmas & Happy New Year

The Staff and Doctors at Gladstone Medical Centre wish everyone a Merry Christmas and a Happy New Year

Dr M. Salahuddin Executive Partner

Cervical Smear Screening

Cervical Screening is one of the best ways to protect yourself from Cervical Cancer. The service is available to all our patients. Regular reminders are sent to patients who are eligible by the NHS Cervical Smear Team and also by the Practice.



Cervical Screening checks the health of your cervix. It's not a test for cancer, it's a test to help prevent Cancer. If you have any symptoms that you're worried about, like unusual bleeding, between periods /after sex, or discharge or pain, see your GP. Don't wait for your routine smear test appointment. If you are concerned or would like further information or wants to speak with GP or nurse please contact us on 0151 645 2306.

Flu Vaccination 2019-20

Like previous years, this year we are running our flu campaign successfully. We are inviting all our eligible patient to be vaccinated.



The flu vaccine is routinely given on the NHS to adults 65 and over, people with certain medical conditions (including children in at-risk groups from 6 months of age), pregnant women, children aged 2 and 3 on 31 August 2019, children in primary school, frontline health or social care workers.

Drink Sensibly– Don't Spill It

Alcohol is an underlying factor in more than 60 medical conditions including mouth, throat, stomach, liver, and breast cancers; high blood pressure, cirrhosis of liver and depression.



Each year, alcohol is a factor in deaths of 24000 people in the UK. It is the biggest risk factor for deaths among 15-49 year olds. People of all ages are affected by it.

Wirral Ways to Recovery is a free and confidential drug and alcohol service. They provide a range of treatment, recovery and support services. They can be contacted at wirral.services@cgl.org.uk or Tel: 0151 5561335.

Same Day or Day Of Choice Appointment.

We aim to provide patient appointments within 24 hours by providing Same Day Appointments. Telephone consultations are also available for our patients. Please let our reception know if you need one in case of urgency.

Keep It or Cancel It– But Do Not Forget It

Last month (November 2019) Total Appointment booked were 2011. Total missed appointments (Did Not Attend) 244 (approx. 12%).

Missed appointments means someone else can not get an appointment. It is never too late to cancel an appointment. Please call 0151 645 2306 or text CANCEL (to your appointment reminder)

Feel free to visit our website at www.gladstonemed.co.uk

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Our Staff

Clinical Staff Doctors

Dr. M. Salahuddin (Male)
Dr S. Mehboob (Female)
Dr. M. Paracha (Male)
Dr. K. Alauddin (Female)

Practice Nurses

Louise Rendell

Practice Pharmacist

Kaye Edwards

Phlebotomist

Kim Davies

Non Clinical Staff

Business Manager

Muhammad Ahmed

Practice Manager

Helen Davies

IT/ Data Manager

Zubair Qureshi

Admin

Dhun Setna

Secretary

Sue Steen

Snr. Receptionist

Cathy Pennington

Receptionists

Chelsea Stenhouse

Jazmin Hogan

Natalie McWha

Jennalee Davies

Stephanie McKeown

Samantha Taylor

Gladstone

Caring,
Approachable,
Efficient
and Friendly

Medical Centre

Surgery News

New Starters: We welcome our new members of reception staff; Stephanie McKeown, Samantha Taylor and Jazmin Hogan.

Leavers— Helen Davies, Practice Manager has decided to take a career break. Helen has been an asset to the practice and surely will be missed.

Kristen Corkish and Elizabeth Frost has left the practice. We wish them best of luck in their future endeavours.

Christmas & New Year Opening Times 2019-20

The surgery will be closed on Wednesday 25th December and Thursday 26th December. The surgery will also be closed on Wednesday 1st January 2020

For urgent advice during these times please call 111. **In case of life threatening or emergency situation please call 999.**

Surgery Opening Times

**Phone Access
(Mon to Fri): 08:00-18:30**

**Reception Access
(Mon to Fri): 08:30-18:30**

GP Appointment Times

Days	Mornings	Evening	Late Evenings
Monday	9:00– 12:00	4:00 – 6:30	6:30 – 8:00
Tuesday	9:00- 12:00	4:00 – 6:30	
Wednesday	9:00- 12:00	4:00 – 6:30	6:30 – 7:30
Thursday	9:00- 12:00	4:00 – 6:30	
Friday	9:00- 12:00	4:00 – 6:30	

Doctors Rota

Weekdays	AM	PM	Late Evening
Mondays	Dr Mehboob, Dr. Alauddin, Dr Salahuddin	Dr Mehboob Dr Salahuddin	Dr Mehboob
Tuesdays	Dr. Alauddin, Dr Mehboob Dr Paracha	Dr Mehboob, Dr Paracha	
Wednesdays	Dr Mehboob Dr Paracha	Dr Mehboob Dr Paracha	Dr Salahuddin
Thursdays	Dr Mehboob, Dr. Alauddin,	Dr Mehboob Dr Salahuddin	
Fridays	Dr. Alauddin, Dr Mehboob, Dr Salahuddin	Dr Mehboob	

We use locum doctors on an ad hoc basis to provide extra clinical sessions.

We have a limited number of same day emergency appointments, **please ring the reception early in the morning if you need one.**

Contact us

We welcome any comments and feedback from our patients.

Please contact **Business Manager - Muhammad Ahmed at**

wiccg.gatekeeper-n85031@nhs.net

www.gladstonemed.co.uk

Patient Participation Group

We have a very active patient involvement group. Members are:

T Delaney (PPG Chair) J. Williams, D Stirrup, M Hancock, and D Liston.

If you would like to join our PPG, please forward your details to the Business Manager.

wiccg.gatekeeper-n85031@nhs.net

Other News

New Patient Registration

We are open for new patients. You can register online or by attending the surgery.

Late Evening Surgery

For working patients, we run late evening surgeries. We are open late evenings on every Mondays and Wednesdays 6:30—8:00. Please call 645 2306 to book.

Need Weekend Appointment?

We provide weekend GP appointments every Saturday from 09:00 am to 1:00 pm. This service is provided in conjunction with GPW-Federation and is available to Wirral Wide patients.

Help Prevent Norovirus

Norovirus is currently circulating in the local community and has recently been the cause of confirmed cases of the virus on several of Wirral University Teaching Hospital's wards.

There is no specific treatment for Norovirus but people can take simple steps to help:

Drink plenty of fluids. Take paracetamol as per instructions.

Always wash hands with soap and water before meals and after using the toilet. Keep away from others, especially GP surgeries or hospitals.

Our Website

www.gladstonemed.co.uk

Request your prescriptions, book your appointments and submit your comments and suggestions online.

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