

# CLINICS

## CLINICS AND SERVICES

In addition to GP consultations the practice offers a range of clinics and services:

**Heart Disease Prevention Clinic** -People with high blood pressure or a strong family history of heart disease are given comprehensive check-ups. Blood cholesterol check-ups are also arranged.

**Respiratory (Asthma & COPD) Clinic-** the clinic run by the practice nurse. She also gives advice on how to monitor their well-being at home by the use of the "peak flow meter".

**Diabetic Clinic** - At this clinic all your queries are answered and all necessary check-ups are done to prevent long-term complications.

**Maternity Services.** We offer full antenatal care and post-natal care

**Weight Reduction Clinic** -. Please see the receptionist to make an appointment with the nurse.

**Patients Aged 75 Years and Over** -If you are 75 or over you should be seen annually by a member of the practice. This can be done at the surgery if you are well enough to attend. If you are housebound, a home visit will be arranged. Surgery has a bypass emergency number 0151 6446730

**Minor Surgery** This service deals with surgical removal of lumps, etc. under local anaesthesia, thus saving a visit to the Hospital.

**Travel Immunisation** We offer a range of travel immunisations. Please see the receptionist for details

**Well Woman Clinic** -Well woman clinics are run by Dr K Alauddin and nurse Louise Rendell.

As well as the above clinics the following services are also available here:-

- Alcohol Service - referral by your Doctor/Nurse
- Citizens Advice Bureau - alternate Mondays
- Physiotherapy - referral by our Doctor
- In-house Pharmacist

### How you can help us:

- ◆ Be on time for your appointment
- ◆ Tell us if you need to cancel your appointment

## Seeing The Doctor

**At The Surgery:** By appointment only . We have *Emergencies/ same day appointments available on the day* .

**At Home –House Calls.** This is *only for very ill or infirm patients* who are unable to come to the surgery. **Please ring the surgery before 10. am**

**Telephone Consultation:** If you need to speak to the doctor on the phone please ring between 11.00 am and 12.00 noon.

**Out Of Hours Service** The NHS 111 service provides urgent medical care or advice when the surgery is closed. **If you have a life threatening medical emergency please dial 999.**

### Registering with the practice

If you live within our practice boundary and wish to register with us please call in at the surgery for a registration form or you can fill the form in **on-line on our website**. You will also be asked to complete a health questionnaire.

Surgery Catchment area



**Care Quality Commission** The practice is registered with the Care Quality Commission and has **GOOD** rating.

### Compliments Or Complaints

We aim to provide our patients with a personal friendly and efficient service. If you have any comments or suggestions regarding the service we provide we would be happy to hear from you either in person or by email. Please ask for our Practice Manager who will do his best to sort things out. You can contact us at [WICCG.GATEKEEPER-N85031@NHS.NET](mailto:WICCG.GATEKEEPER-N85031@NHS.NET)

# GLADSTONE MEDICAL CENTRE



**Dr. M. Salahuddin**  
**Dr S.Mehboob**  
**Dr M. Paracha**  
**Dr. K. Alauddin**

241-247 OLD CHESTER ROAD ROCK  
BIRKENHEAD, WIRRAL CH42 3TD  
TEL: 0151 645/ 2306/3738  
FAX: 0151 643 1734  
EMAIL: [WICCG.GATEKEEPER-N85031@NHS.NET](mailto:WICCG.GATEKEEPER-N85031@NHS.NET)  
WEB: [WWW.GLADSTONEMED.CO.UK](http://WWW.GLADSTONEMED.CO.UK)

**PATIENT CENTRED CARE**

**NHS** Beacon Services



INVESTOR IN PEOPLE

## PRACTICE MEMBERS

### DOCTORS

**Dr. M. Salahuddin** (Male) MBBS—1974.  
MSC (Genetics) Edinburgh 1981, Family Planning Certificate 1984, Postgraduate training in Cardiology 1992, DPD (Dermatology) 1991, Certificate in Occupational Medicine – Manchester 1984, Research post in Arthritis, Clinical Assistant in Cardiology **Area of Interest:** – Cardiology, Rheumatology, and Dermatology

**Dr M Paracha** Bsc Hons MBBC, MRCP, Specialty: Pediatric, Old Age Medicine, Pharmacology.

**Dr. K. Alauddin** (Female) MBBS-1967,  
DGO 1977 – Dublin, Family Planning Certificate 1994,  
**Area of Interest:** - Pediatrics, Obstetrics and Gynecology.

**Dr S. Mehboob: M.B.B.S, MRCP**  
**Area of Interest:** Elderly, Dementia, Psychiatry.

#### The Practice received following awards.

- *Clinical excellence in Cardiology 1997*
- *Merit Award for practice-Team building 1997*
- *Clinical excellence Gastric Diseases 1998*
- *Zeneca/ ODA Travelling Fellowship award 1998*
- *Investors in People award 2002*
- *Beacon Practice Effective Prescribing*
- *Practice Team of the Year 2007 from RCGP*
- *GP of The Year 2011(Dr M Salahuddin), RCGP*
- *BMI Health Care and the Guardian General Practice awards – Mental Health Care Clinical Team of the Year (finalist) 2011*
- *BMI Health Care and the Guardian General Practice awards – Nursing Team of the Year (finalist) 2011*
- *Patient Friendly IT- Innovation of the Year (finalist) 2011*
- *2011*
- *Business Manager of the year 2015 by GP Awards*

**Gladstone**  
Caring–  
Approachable –Efficient and  
**Medical Centre**

## PRACTICE STAFF

|                        |                  |
|------------------------|------------------|
| Practice Manager       | Helen Davies     |
| Business Manager       | Muhammad Ahmed   |
| Computer Officer       | Zubair Qureshi   |
| Practice Administrator | Dhun Setna       |
| Snr Receptionist       | Cathy Pennington |
| Secretary              | Sue Steen        |
| Nurses                 | Louise Rendell   |
| HCA & Phlebotomist     | Kim Davies       |

## ATTACHED STAFF

|                 |  |
|-----------------|--|
| District Nurses | Based at St. Catherine's Hospital<br>Tel: 645 9646       |
| Health Visitor  | Tel: 645 1143  |
| Midwife         | Practice midwife -Weekly antenatal<br>clinics, 1:30-4 pm |
| Pharmacist      | Kaye Edwards   |

## SURGERY TIMES

**Surgery Opening Hours**  
Monday – Friday **8.00 am – 6.30 pm**

**Clinical Session**  
Monday – Friday **9.00 am - 12.30 am**  
**4.00 pm - 6.30 pm**

**Late Evening Surgeries**  
Monday– **6:30 pm—08:00 pm**  
Wednesday **6:30 pm—07:30 pm**

**Gladstone Medical Centre is a training practice. We train doctors and medical Students from University of Liverpool.**

**If you do not want to be seen by Junior Doctor or a medical student present during consultation, Please let reception know.**

## Gladstone Medical Centre

This is one of the oldest Practices in Rock Ferry. It has passed through several generations of patients and Doctors since 1930.

The premises were altered and modernized in 1982. In 1995 the practice was again expanded to include a new extension and the addition of the adjoining building.

The existing premises also underwent a major refurbishment in 1999. At the end of 2004, saw the start of mere expansion work with two adjoining buildings. This was completed in 2006

In 2007, we received “the Practice team of the Year” award from the Royal College of Physicians.

We also provide **Online appointments** and Electronic **prescriptions** facility. **Enquiries/ comments/ feedback** can also be submitted through our website—

<http://www.gladstonemed.co.uk>

The surgery includes:

### **Ground Floor**

4 GP consulting rooms, a dedicated minor surgery room, 2 nursing consulting room, 2 waiting areas, a reception, prescription enquiry and disabled toilet.

**Chemist** There is a chemist adjoined to the practice.

**First Floor** Sr. partner's office, Manager's office, Administration Office, Kitchen, Training room/meeting room and Staff toilet.

**2nd Floor:** Archive, storage, multi faith, Computer server, medical student and pharmacist rooms

**Access for Disabled** There is a ramp at the surgery to enable wheelchairs easy access also automated door.

We aim to provide upto date medical care in a traditional manner, with accents on continuity of care, and preventative medicine for patients with chronic illness.